

# AWAY SPA

W HOTELS





## THE AWAY SPA

Lose yourself in the rainforest design and setting of AWAY Spa at W Singapore - Sentosa Cove, illuminated with a decompression area, sauna, steam room, whirlpool, vitality pool and experiential showers.

Luxuriate in our decadent oasis of calm and escape the daily hustle and bustle. Pamper your body and mind with the most indulgent treatment menu under the healing hands of our expert's therapists.

## DETOX TREATMENTS

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Detox Massage

90min

120min

Detox and recoup with energizing techniques and a rich blend of oils designed to stimulate metabolism and eliminate toxins.

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Detox Body

75min

Purify inside out with AHA peel and wrap. This systemic detox drains tissues and boosts the body's natural detoxification systems.

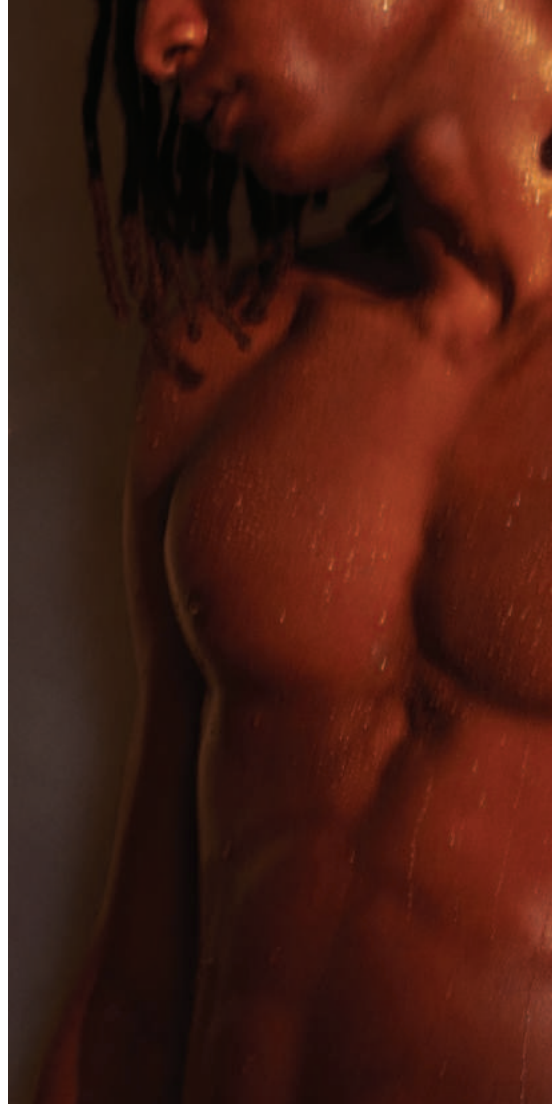
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Detox Facial

90min

Detox the skin from pollution and treat impurities and imperfections with this deep cleansing treatment suited to all skin types.

Performed with / skin regimen / products.





# DETOX

## ENHANCEMENTS

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### Hair Glow

Visibly strengthen damaged hair with a nourishing treatment, bringing softness, shine and tone.

### Eye Recovery

Triple action eye mask targeting dark circles, puffiness and wrinkles that can be added to any treatment.

## MASSAGE TREATMENTS

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Performance 60min  
90min

Boost energy and banish tension - designed to target deeper muscle layers and release tension.

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De-stress 60min  
90min

Soothe tired muscles and enjoy the calming and tranquil aromas within this stress releasing massage. Includes moderate pressure and tension-releasing techniques.

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Reset 60min  
90min

Unwind and restore with slow light pressure designed to lower brain waves and promote better sleep. Through gentle techniques muscles are relaxed and toxins are dispersed.

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Detox 90min  
120min

Detox and recoup with energizing techniques and a rich blend of oils designed to stimulate metabolism and eliminate toxins.

Cove 60min  
90min

A highly effective combination of soft rocking and long stroke techniques to restore equilibrium. Experience an irresistible treatment promoting a sense of balance and pure relaxation.

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Nurture 60min  
90min

Improve skin tone, deeply nourish the skin and ease tension with this nurturing and elasticizing maternity massage.



# RENEW

## ENHANCEMENTS

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### Melt

Melt away tension with the warmth of volcanic hot stones, the perfect addition to any massage.

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### Revitalize

Revitalize and soften hands or feet with an exfoliation that improves hydration, brightness and suppleness.

## FACIAL TREATMENTS

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Rejuvenate 60min

The antidote to modern fatigue and an urban lifestyle, bring energy back to the skin counteracting the effects of stress, pollution and lifestyle aging. Customizable for all skin types.  
Performed with / skin regimen / products.

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Daily 60min

Inside and outside recovery. Fully customized to whatever your skin needs most; hydration, deep cleansing, age protection or treat sensitivity.  
Performed with [ comfort zone ] products.

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Rewind 90min

Plump, lift, firm and restore your skin, soften lines, improve luminosity and vibrancy. Includes a double peel followed by a lifting mask for immediate results.  
Performed with [ comfort zone ] products.

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Detox 90min

Detox the skin from pollution and treat impurities and imperfections with this deep cleansing treatment suited to all skin types.  
Performed with / skin regimen / products.

Cove 60min  
90min

A hydrating, brightening and uplifting facial using the unique expertise of Swiss cellular cosmetics for immediate and long-lasting results.  
Performed with Valmont Products.

# REWIND

## ENHANCEMENTS

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### Eye Recovery

Triple action eye mask targeting dark circles, puffiness and wrinkles that can be added to any treatment.

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### Glow Peel

Boost brightness, smoothness and luminosity with this active peel that can be added to the Daily Facial.



## BODY TREATMENTS

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Quench

75min

Restore moisture balance revealing perfect tone and exceptional elasticity with this soft and creamy body mask. Ideal post sun exposure, and for dull and bumpy skin.

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Detox

75min

Purify inside out with a full body AHA peel and wrap. This systemic detox drains tissues and boosts the body's natural detoxification systems.

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Glow

60min

Full body polishing and hydrating treatment to boost your natural glow.



# REFRESH

## ENHANCEMENTS

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### Hair Glow

Visibly strengthen damaged hair with a nourishing treatment, bringing softness, shine and tone.

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### More Massage

30min

Enhance your experience by adding on a targeted 30 minutes massage to any Body Treatment.

## SPA PACKAGES

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### Relax and Rejuvenate

120min

Combining an essential recovery facial with a restorative massage. This total body experience is designed to relax and unwind whilst ensuring it is tailored to your skin's needs.

Includes: De-stress Massage and Daily Facial

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### The Ultimate Sentosa Satisfaction

195min

Beginning with a scrub and intensive hydration wrap this deeply relaxing experience is inclusive of a balance restoring massage, brightening and uplifting facial.

Includes: Foot Bath, Glow, Quench, Cove Massage and Cove Facial

### Head Over Heels

210min

A treatment combination to ensure you are ready for anything. A scrub is followed by the Performance massage designed to aid deep seated muscle tension and is completed with a recovery facial to protect and hydrate.

Includes: Foot Bath, Glow Scrub, Bath, Performance Massage and Rejuvenate Facial

## RESERVATIONS

Walk-in appointments are welcome, however guests are encouraged to make arrangements in advance. All reservations must be secured with a credit card.

To schedule your appointment(s), please call our spa desk at (+65) 6808 7290 or email us at [awayspa.singapore@whotels.com](mailto:awayspa.singapore@whotels.com).

Guests staying in the property may speed dial "AWAY" from a guest room.

\*Please advise us if you are pregnant or have other significant health considerations when booking your treatments and our trained Therapists will help you to choose the most suitable treatment for your needs.

Prices are in Singapore dollars, subject to 10% service charge and prevailing government taxes.

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## AWAY 水疗中心

新加坡圣淘沙湾 W 酒店 AWAY 水疗中心采用独特的雨林式氛围设计，设有放松区、桑拿浴室、蒸汽浴室、漩涡池、活力池和舒适淋浴。

在这片豪华舒适的宁静绿洲，您可以远离日常的喧嚣和忙碌，开启惬意的放松体验。用心打造的护理项目，再加上专业技师的疗愈双手，为您的身心带去极致呵护。

## 排毒护理

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排毒按摩

90min

120min

焕活手法搭配功效精油，帮助身体净化排毒，改善新陈代谢。

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排毒身体护理

75min

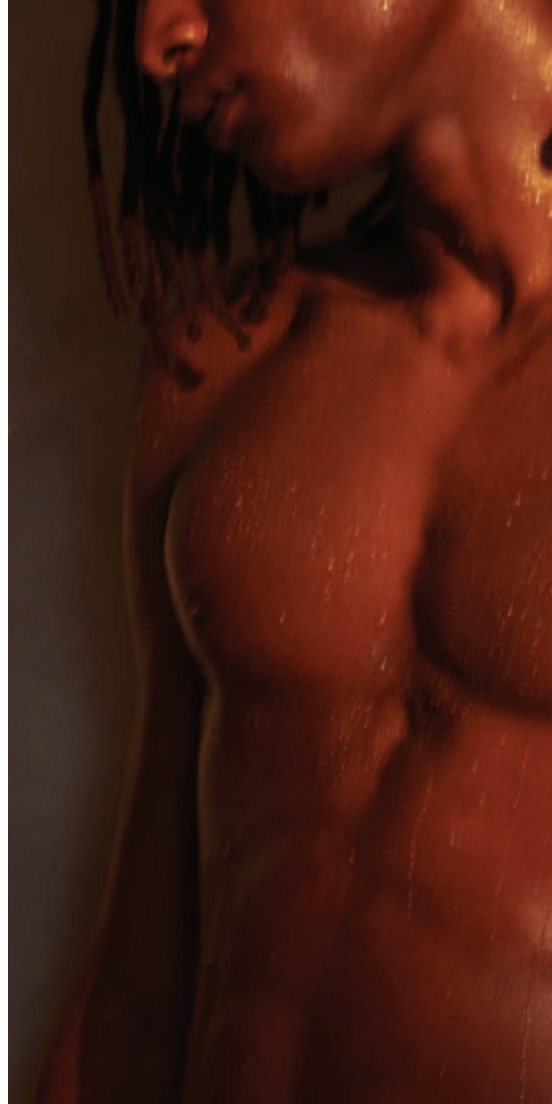
果酸去角质及裹疗护理，由内而外净化肌肤。这款全面排毒护理可以加速毒素排出，同时强化人体的天然排毒系统。

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排毒面部护理

90min

这款深层清洁护理适用于所有肌肤类型，能够净化肌肤，清除杂质和瑕疵。  
护理使用 / skin regimen / 产品。





# 排毒

## 升级项目

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### 缎光秀发

滋养每一根发丝，有效修复受损发质，让秀发再现柔软、亮泽、健康。

### 亮眼净眸

三重功效眼膜，能够淡化黑眼圈，消除浮肿，改善细纹；可搭配任意护理使用。

## 按摩护理

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恢复	60min 90min
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这款按摩作用于人体深层肌肉，能够提升活力，缓解紧张。

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舒压	60min 90min
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轻柔舒缓的按摩搭配抚慰心灵的香薰，能够有效缓解肌肉疲劳。采用中等力度的舒压按摩手法。

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调节	60min 90min
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缓慢、轻柔的按摩手法，能够降低脑电波频率，改善睡眠。通过温和的按摩手法放松肌肉，消除毒素。

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排毒	90min 120min
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焕活手法搭配功效精油，帮助身体净化排毒，改善新陈代谢。

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呵护	60min 90min
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这款按摩结合了轻柔的拍击和绵长的推拿手法，可以显著调整身体状态。享受让人沉醉的护理体验，实现身心平衡与彻底放松。

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滋养	60min 90min
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这款弹润滋养孕期按摩能够改善肤色，深度滋养肌肤，缓解压力与紧张。



# 焕肤

## 升级项目

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### 热石

借助火山热石的温暖力量消除压力与紧张；可搭配任意按摩项目使用。

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### 焕活

去除手部或足部角质，为肌肤注入活力，提升水润度、亮泽度和柔软度。

## 面部护理

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焕颜 60min

这是对抗疲劳和繁忙的一剂良药，能够消除压力、污染和生活方式给肌肤造成的影响，让肌肤重获青春活力。可以按需定制，适用于所有肌肤类型。  
护理使用 / skin regimen / 产品。

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日常 60min

由内而外，焕然一新。根据您的肌肤需求量身打造的护理，可选内容包括保湿、深层清洁、抗衰老或敏感肌肤治疗。  
护理使用 [ comfort zone ] 产品。

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放松 90min

丰盈、提拉、紧致和修复肌肤，淡化细纹，改善光泽，注入活力。护理内容包括双重去角质及提拉面膜，效果立即显现。  
护理使用 [ comfort zone ] 产品。

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排毒 90min

这款深层清洁护理适用于所有肌肤类型，能够净化肌肤，清除杂质和瑕疵。  
护理使用 / skin regimen / 产品。

呵护 60min  
90min

这款面部护理使用瑞士细胞护肤品的独家技术，具有保湿、亮白和提拉功能，效果显著且持久。  
护理使用 Valmont 产品。

# 放松

## 升级项目

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### 亮眼净眸

三重功效眼膜，能够淡化黑眼圈，消除浮肿，改善细纹；可搭配任意护理使用。

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### 焕采去角质

这款活性角质产品可搭配日常面部护理使用，让肌肤愈显明亮、光滑、润泽。



## 身体护理

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润养

7560min

细腻绵密的体膜，能够补充水分和营养，为肌肤赋予完美质感和非凡弹性。  
非常适合晒后、暗沉及粗糙肌肤。

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排毒

75min

全身果酸去角质及裹疗护理，由内而外净化肌肤。这款全面排毒护理可以加速  
毒素排出，同时强化人体的天然排毒系统。

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焕采

60min

全身去角质和保湿护理，让肌肤绽放自然光泽。



# 焕然

## 升级项目

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### 缎光秀发

滋养每一根发丝，有效修复受损发质，让秀发再现柔软、亮泽、健康。

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### 其他按摩

30min

您可以为任意身体护理项目搭配 30 分钟特定功效按摩，享受更进一步的护理体验。

## 水疗精选套餐

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### 舒缓放松

120min

这款护理包括焕活面部护理与疗愈按摩。为您带去从头到脚的温柔呵护，放松身心，调整状态，完美满足您的肌肤需求。

包括：舒压按摩及日常面部护理

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### 极致圣淘沙

195min

这款深度放松护理包括磨砂、深层补水裹疗、疗愈按摩及亮颜提拉面部护理，为您带来最极致的享受。

包括：足浴，焕采，润养，呵护按摩及呵护面部护理

### 全身护理

210min

这是一套让您容光焕发、神采飞扬的护理组合。护理内容包括磨砂、深层肌肉舒缓按摩，以及兼具修复和补水功效的疗愈面部护理。

包括：足浴，焕采磨砂，泡泡浴，恢复按摩及焕颜面部护理

## 预约

本水疗中心接待预约及未预约宾客；但是，建议您提前预约。所有预约必须使用信用卡进行担保。

如需预约，请致电

水疗中心前台 (+65) 6808 7290 或发送电邮至 [singapore@whotels.com](mailto:singapore@whotels.com)。

住店宾客可使用客房电话上的快速拨号“AWAY”联系我们。

\*预约时，如果您正处于妊娠期或有任何重要健康问题，请告知我们。我们的专业技师将协助您选择最适合您的护理项目。

价格以新加坡元为单位，须加收 10% 收服务费及现行政府税。

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